

## Post-Op Instructions for ORAL SEDATION

Monitor and limit your child's activities for the remainder of the day. The effects of the sedative will continue for a while and your child may feel drowsy. You can let your child sleep (with continued observation), but no more than one hour; the more he/she is asleep the longer it will take for the medication to wear off. It is best to place your child on the ground with pillows and blankets surrounding them. Also place your child on his/her side when they sleep. Do not be alarmed as the drugs are wearing off. Your child can be irritable as this occurs. **Your child should not ride bicycles, climb trees and play on swing sets, swim or other physical activities.**

Your child has been given a local anesthetic for his/her procedure. This may last from 30 minutes to 4 hours. Caution should be taken to avoid lip, tongue and cheek biting, which may occur accidentally while eating. Soft foods usually minimize the occurrence of lip/cheek biting because less chewing is necessary. The soft tissue will swell and become very painful if it is injured from biting. A cotton roll is placed in your child's mouth to help prevent biting and you may receive extra cotton rolls for use at home. Some children become alarmed when the local anesthetic is wearing off and they experience a tingling sensation. Please reassure them that their teeth are "waking up". This feeling is normal and will wear off.

Slight bleeding at the gum line around new crowns and restorations is normal for the first 1-5 days. Do not let this alarm you or stop you from brushing your child's teeth thoroughly. The area will only heal well if it is kept clean and brushed thoroughly.

Your child's mouth may be sore from treatment that was done, especially if it was extensive. You may give him/her Children's Tylenol or Children's Ibuprofen every 4-6 hours as needed. Please call the office if those medications are not effective or if further problems develop.

### Notify Us If:

- ✓ Vomiting occurs.
- ✓ Temperature elevates above 101F/38C.
- ✓ There is any difficulty breathing.
- ✓ Bleeding continues past the normal expected time.
- ✓ Any other matter causes you concern

Please call (541) 490-4993 if you have any problems relating to your child's treatment. In the event of life threatening emergencies, dial 911 to activate emergency medical services.